2025-2027 IMPLEMENTATION STRATEGY

Saint Anthony Hospital

TABLE OF CONTENTS

IDENTIFYING SIGNIFICANT HEALTH NEEDS 3

OUR COMMUNITY HEALTH NEEDS ASSESSMENT (CHNA) 4

Definition of the Community Served 4

How CHNA Data Were Obtained 4

Identifying & Prioritizing Health Needs 4

ADDRESSING THE SIGNIFICANT HEALTH NEEDS 6

HOSPITAL-LEVEL COMMUNITY BENEFIT PLANNING 7

Priority Health Issues to Be Addressed 7

Issues That Will Not Be Addressed & Why 7

2025-2027 IMPLEMENTATION STRATEGY 8

Action Plans 8

Implementation Strategy Adoption 10

IDENTIFYING SIGNIFICANT HEALTH NEEDS

OUR COMMUNITY HEALTH NEEDS ASSESSMENT (CHNA)

In 2024, Saint Anthony Hospital embarked on a comprehensive Community Health Needs Assessment (CHNA) process to identify and address the key health issues for our community.

Definition of the Community Served

Saint Anthony Hospital's community, as defined for the purposes of the Community Health Needs Assessment and Implementation Strategy, include each of the residential ZIP Codes that comprise the hospital's Primary Service Area (PSA), including: 60608, 60609, 60623, 60624, 60629, 60632, 60804.

This community definition was determined because over 75% of Saint Anthony Hospital's patients originate from this area.

How CHNA Data Were Obtained

The CHNA incorporated data about the community from multiple sources, including both primary and secondary data:

- A population-based survey among a representative sample of community residents (the PRC Community Health Survey)
- An online survey of public health representatives, health providers, and a variety of other community service providers and stakeholders (the PRC Online Key Informant Survey)
- A review of existing vital statistics, public health, census, and other data

The CHNA allowed for extensive comparison to benchmark data at the state and national levels.

The assessment was conducted on behalf of Saint Anthony Hospital by PRC, a nationally recognized health care consulting firm with extensive experience conducting Community Health Needs Assessments in hundreds of communities across the United States since 1994.

Identifying & Prioritizing Health Needs

Areas of Opportunity

Significant health needs (or "Areas of Opportunity") were determined in our CHNA after consideration of various criteria, including: standing in comparison with benchmark data; identified trends; the preponderance of significant findings within topic areas; the magnitude of the issue in terms of the number of persons affected; and the potential health impact of a given issue.

Prioritized List of Health Needs

After reviewing the Community Health Needs Assessment findings, internal team members and community stakeholders met to evaluate and prioritize the top health needs for our community. The participants were asked to evaluate each health issue along two criteria: 1) scope and severity of the health issue; and 2) the hospital's/community's ability to impact that issue. Individual ratings for each criterion were averaged for each tested health issue, and then these composite criteria scores were averaged to produce an overall score. This process yielded the following prioritized list of health needs for our community:

- Chronic Diseases and Conditions
- Heart Disease
- Mental Health
- Injury and Violence
- Food Insecurity
- Obesity
- Diabetes
- Respiratory Disease
- Kidney Disease
- Barriers to Care
- Substance Use and Tobacco Use

ADDRESSING THE SIGNIFICANT HEALTH NEEDS

HOSPITAL-LEVEL COMMUNITY BENEFIT PLANNING

This summary outlines Saint Anthony Hospital's plan (Implementation Strategy) to address our community's health needs by 1) sustaining efforts operating within a targeted health priority area; 2) developing new programs and initiatives to address identified health needs; and/or 3) promoting an understanding of these health needs among other community organizations and within the public itself.

Priority Health Issues to Be Addressed

In consideration of the top health priorities identified through the CHNA process — and taking into account hospital resources and overall alignment with the hospital's mission, goals and strategic priorities — it was determined that Saint Anthony Hospital would focus on developing and/or supporting strategies and initiatives to improve.

- Food Insecurity
- Access to Care (mental and physical health)
- Chronic Conditions and Physical Activity (including diabetes, kidney disease, obesity)
- Substance Use

Issues That Will Not Be Addressed & Why

In acknowledging the wide range of priority health issues that emerged from the CHNA process, Saint Anthony Hospital determined that it could only effectively focus on those which it deemed most pressing, most under-addressed, and/or most within its ability to influence.

Health Priorities Not Chosen for Action	***Reason***
Injury and Violence Prevention	***Saint Anthony Hospital*** *has limited resources, services and expertise available to address injury and violence. Other community organizations have infrastructure and programs in place to better meet this need. Though limited resources excluded this as an area chosen for action, Saint Anthony Hospital does treat patients with injuries. Between 2023-2024, Saint Anthony Hospital saw 8643 visits related to injury and poisoning.*

2025-2027 IMPLEMENTATION STRATEGY

Action Plans

The following displays outline Saint Anthony Hospital's plans to address those priority health issues chosen for action in the 2025-2027 period.

Priority Area #1: Food Insecurity	
Community Health Need	Our CHNA 2024 results found that 48.1% of individuals who participated in our survey said that they often or sometimes worry about food running out which is higher compared to the 40.7% nationally. Food insecurity and lack of access to nutritious food are associated with increased risk for multiple chronic health conditions which make this area even more urgent.
Goal(s)	• Increase access to food or food assistance programs
Target Population(s)	This strategy will focus on food insecure residents of our primary service area
Action Plan	Strategy 1: Partner with local organizations to distribute food from food banks or other sources, including the hospital. Strategy 2: Increase access to food assistance programs • SNAP applications • Referrals to food banks and other programs

Priority Area #2: Priority Area: Access to Care	
Community Health Need	Within Saint Anthony Hospital's evaluated service area, 44.8% of community members identified having difficulties or delays in receiving some kind of healthcare. Additionally, 26.8% of community members identified having poor or fair mental health with only 13.4% accessing mental health treatment. Saint Anthony Hospital seeks to address this combination of access to care for both the medical and mental health needs of its community members.
Goal(s)	• Decrease barriers to accessing medical care for community members
Target Population(s)	Residents of Saint Anthony Hospital's primary service area
Action Plan	Strategy 1: Alleviate barriers to medical care for community members • Provide transportation to appointments • Public benefits application assistance • Charity care • Care coordination and appointment navigation Strategy 2: Increase access to Saint Anthony Hospital's behavioral health programs: • Promote mental health programming for children and adolescents through Saint Anthony's SPARK program • Provide inpatient care to adults experiencing a personal or emotional crisis

Priority Area #3: Chronic Conditions and Physical Activity	
Community Health Need	Community Health Need: There are high prevalences of having three or more chronic conditions (25.7%), diabetes (11.3%), kidney disease (6.4%), and heart disease (6.2%). Furthermore, there is a 35.7% prevalence of obesity, a risk factor for diabetes and other chronic conditions, and 42.4% of survey respondents reported they did not participate in any physical activity in the past month.
Goal(s)	• Decrease chances of preventable chronic disease and aid community members in managing their existing chronic disease.
Target Population(s)	Residents of Saint Anthony Hospital's primary service area
Action Plan	Strategy 1: Increase primary and secondary prevention of chronic disease. • Screenings at health fairs and referrals • Community nurse visits Strategy 2: Provide workshops for diabetes and other chronic conditions.

Priority Area #4: Substance Use	
Community Health Need	According to the CHNA 2024 results, about 42% of respondents stated that they have been negatively affected by their own or someone else's substance use. About 30% of individuals have a member in their household that smokes tobacco. About 10% of these households have children who live within the home. Secondhand smoke causes many health problems, including cancer, heart disease, and respiratory illness.
Goal(s)	Decrease substance use within the community
Target Population(s)	Residents of Saint Anthony Hospital's primary service area
Action Plan	Strategy 1: Promote smoking cessation Strategy 2: Revamp the medical stabilization unit program at Saint Anthony Hospital Strategy 3: Develop educational materials (pamphlets or host speaking events) that cover the impact of substance use

Implementation Strategy Adoption

The approval for this Implementation Strategy from the Saint Anthony Hospital Board of Directors is pending.

This Implementation Strategy document is posted on the hospital's website.